OUR CHRISTMAS 2026



THE THRIVING HOME

REFLECTIONS TOGETHER

Pick a few cards to chat about as a family for your Christmas Pause.
There are no right answers, just shared memories.

What was the best thing that happened this year?

What made you laugh a lot this year?

What's something new you learned to do?

What are you really proud of?

Where was your favorite place that you visited?

Who helped you or made you feel happy this year?

If you could change one thing about this year, what would it be?

What was something challenging this year, and how did you overcome it?



If you could do anything as a career, what would you do?

What's something you're really good at?

What's your most favorite thing to do?

Who do you admire, and why?

What's something you want to do more of next year?

What's something you'd like to learn next year?

What's something you want to get better at?

What's one thing you'd like to do next Christmas?

What are you excited about for next year?

If next year is the best year yet, what does it look like?

Looking back on our Christmas

Our favorite memories from December

The funniest moment

Our favorite tradition this year

Something new we tried this Christmas

Something we want to do again next Christmas

What made this Christmas feel special

One key lesson we learnt this Christmas

A photo or drawing of our family on Christmas

ANNUAL REFLECTION

Reflecting on where we've been
and imagining where we'll go next.

Looking back on year 2026

Our top 5 highlights of the year

What we are grateful for

Something we are proud of

Something we learned

The hardest thing we did
(and what it taught us)

A moment we felt most
connected

Something unexpected
that happened

Extra notes/drawings

2027 goals & dreams

The top 5 things we want to prioritise as a family in 2027

If 2026 was the best year ever, it would look like

Our favorite traditions

New traditions we want to start

What we want to do more

What we want to do less

A place we want to visit

An activity we want to do

Extra notes