

THE CONVERSATION STARTER PACK



50+ playful questions and simple
conversation tips to help kids open up,
laugh and connect.

HOW TO USE THIS PACK

There is no right way to use this pack.

Think of these questions as conversation starters, not conversation scripts.

The goal isn't to get through all 50 questions.

The goal is simply to enjoy the time together.

1

PICK A FEW QUESTIONS

Choose 3–5 questions at a time.

You don't need to do the whole list.

2

FOLLOW THEIR LEAD

If a question sparks a story, memory or funny discussion, stay there.

The best conversations often happen after the question.

3

ASK FOLLOW-UP QUESTIONS

Questions like:

- Why?
- Tell me more.
- What made you choose that?
- What do you think would happen next?

often lead to the most meaningful conversations.

4

KEEP IT PLAYFUL

Laugh.

Be silly.

Change the questions.

Make up your own.

There are no wrong answers.

GREAT TIMES TO USE THIS PACK:

- In the car
- At dinner
- During afternoon tea
- Before bed
- While walking together
- During one-on-one time

"WOULD YOU RATHER" QUESTIONS

A SIMPLE CONNECTION GAME



- Would you rather **chocolate** or **ice cream**?
- Would you rather go to **the beach** or **the lake**?
- Would you rather eat **burgers** or **pizza**?
- Would you rather have a **pet dog** or a **pet cat**?
- Would you rather go **on a picnic** or go **to a playground**?
- Would you rather **stay up late** or **wake up early**?
- Would you rather play **outside** or **inside**?
- Would you rather go on a **train** or an **aeroplane**?
- Would you rather be **really fast** or **really strong**?
- Would you rather have **pancakes** or **eggs** for breakfast?
- Would you rather **go camping** or **stay in a hotel**?
- Would you rather **read a book** or **watch a movie**?
- Would you rather **explore a forest** or **climb a mountain**?
- Would you rather have a **big birthday party** or a **small family one**?
- Would you rather have **super hearing** or **super jumping powers**?
- Would you rather **cook dinner together** or **bake cookies together**?
- Would you rather go swimming **at the beach** or **in a pool**?
- Would you rather have a **picnic outside** or **go to the cafe**?
- Would you rather **paint** something or do **colouring**?
- Would you rather go for a **run** or go for a **bike ride**?
- Would you rather **go on an adventure** or **stay at home**?
- Would you rather **go barefoot** or **wear shoes**?
- Would you rather go a **date with mama** or a **date with papa**?
- Would you rather **do a craft** or **play outside**?
- Would you rather play with **your cars** or **your trains**?

There are no right answers. Follow their lead, linger when it gets interesting, and let the conversation wander. Most of all, enjoy the time together.

"WOULD YOU RATHER" QUESTIONS

A SIMPLE CONNECTION GAME



- Would you rather live in a **treehouse** or a **castle**?
- Would you rather have a **pet dragon** or a **pet unicorn**?
- Would you rather eat **breakfast** for every meal or **dinner** for every meal?
- Would you rather be able to **fly** or **breathe underwater**?
- Would you rather explore **space** or the **bottom of the ocean**?
- Would you rather only **whisper** or only **sing**?
- Would you rather be the **fastest runner** or the **best climber**?
- Would you rather have **rainbow hair** or **glow-in-the-dark hair**?
- Would you rather go **sledding in snow** or **surfing at the beach**?
- Would you rather be **tiny like an ant** or **tall like a giraffe**?
- Would you rather ride a **camel** or an **elephant**?
- Would you rather have a **robot helper** or a **magic wand**?
- Would you rather sleep **under the stars** or in a **giant blanket fort**?
- Would you rather be able to **talk to animals** or **understand every language**?
- Would you rather have a **trampoline in your bedroom** or a **slide from your bedroom**?
- Would you rather spend the day with **Bluey** or spend the day with **your favourite movie character**?
- Would you rather have a **giant pet rabbit** or a **tiny pet horse**?
- Would you rather spend a day at the **zoo** or an **aquarium**?
- Would you rather always wear **gumboots** or always wear a **cape**?
- Would you rather **make a movie** or **write a book**?
- Would you rather **walk at the front** or **follow behind**?
- Would you rather **play together** or **watch a movie together**?
- Would you rather **give me a gift** or **me give you a gift**?
- Would you rather sit together **talking** or sit together **quietly**?
- Would you rather I called you **(their actual name)** or **(their nickname)**.

There are no right answers. Follow their lead, linger when it gets interesting, and let the conversation wander. Most of all, enjoy the time together.

MORE WAYS TO START A CONVERSATION



TELL ME ABOUT...

Ask them to share something they love or remember.



FINISH THIS SENTENCE...

Keep it fun and watch where it goes.



WHAT WAS THE BEST PART OF...

A highlight helps them reflect and share more.



WHAT DO YOU THINK ABOUT...

Encourage their ideas and opinions on different topics both playful and interesting.



IF YOU COULD...

Let their imagination lead the way.



MAKE UP YOUR OWN...

Create silly questions together!



SMALL CHATS TODAY
BUILD BIG CONNECTIONS
TOMORROW.

> 5 SIMPLE TIPS TO GET KIDS TALKING <

● BE FULLY PRESENT

Children notice when we're distracted.

Even a few minutes of full attention can create more connection than an hour of half-listening.

Put the phone down, make eye contact, and let them feel that they're the most important thing in the room.

● BE CURIOUS

Ask questions because you genuinely want to know the answer.

Children open up more when they feel heard, not interviewed.

Approach conversations with wonder rather than an agenda.

● ASK FOLLOW-UP QUESTIONS

The magic usually happens after the first answer.

Simple questions like:

"Why do you think that?"

"What happened next?"

"Tell me more."

help conversations go deeper naturally.

● ENJOY THE SILLY ANSWERS

Not every conversation needs to be meaningful.

Sometimes the funniest, most ridiculous answers create the strongest moments of connection.

Lean into the laughter.

● JOIN THEIR WORLD

Whether they're talking about dinosaurs, Minecraft, fairies or trains, show interest.

Children feel connected when they feel seen.

You don't need to become an expert.

Just be willing to visit their world for a few minutes.

**CONNECTION
DOESN'T
REQUIRE
PERFECTION,
JUST PRESENCE.**

LOVE THESE IDEAS?

These questions are a great start.
But the real magic happens when connection
becomes part of your **everyday family life.**

That's where the

FAMILY TRADITION PLANNER

comes in.

It helps you create your family
rhythms, rituals and traditions so
connection isn't just a one-off
conversation... it becomes the story
of your family.



**A SIMPLE PLAN FOR THE MOMENTS
THAT MATTER MOST.**



EVERYDAY RITUALS

Simple moments
that build
connection daily.



WEEKLY FAMILY RHYTHMS

Create rhythms
your family can
count on each
week.



BIRTHDAY TRADITIONS

Make birthdays
meaningful and
memorable.



CHRISTMAS TRADITIONS

Create a
Christmas your
family will always
remember.



SEASONAL MEMORIES

Celebrate the
seasons with
special family
moments.



ANNUAL FAMILY TRADITIONS

Build the big
traditions that
become your
family legacy.

CHILDHOOD IS HAPPENING NOW.

CREATE YOUR FAMILY PLAN →

CREATE THE HOME YOU WANT

You don't need 100 traditions.
You only need a few **meaningful** ones
that happen consistently.

THE FAMILY TRADITION PLANNER HELPS YOU:



DECIDE

what matters most to
your family.



SIMPLIFY

Choose the traditions
you'll actually keep.



ORGANISE

Build everything into
one simple family plan.



DISPLAY

Print your finished
family plan and keep it
somewhere visible.



IMAGINE KNOWING...

- ♥ what birthdays look like
- ♥ what Christmas looks like
- ♥ what your weekly family rhythms are
- ♥ what traditions your children are growing up with

WITHOUT
CONSTANTLY
TRYING TO
REMEMBER
IT ALL.

WE PLAN, YOU PLAY.

CREATE YOUR FAMILY PLAN →

ONE-TO-ONE CONNECTION MADE SIMPLE



Some of the best childhood memories
happen one child at a time.

THE THRIVING TOGETHER SERIES:

Gives you everything you need for
meaningful one-to-one time together.



**NO
PLANNING**



**NO
PINTEREST**



**NO
MENTAL LOAD**



**NO
GUILT**

Just choose a page and enjoy your time together.



PERFECT FOR:

**MOM & DAD
GRANDPARENTS
AUNTS & UNCLES**

80 simple date ideas designed to help you build connection, create
memories and spend intentional one-on-one time together.

WE PLAN, YOU PLAY.

GET STARTED TODAY



CREATE A CHRISTMAS THEY'LL REMEMBER

The Christmas Collection helps families create meaningful traditions without the overwhelm.

INCLUDES:



THRIVING ADVENT CALENDAR

24 days of meaningful festive moments, all planned for you.



THRIVING CHRISTMAS CREATIONS

Over 50 crafts, bakes, and handmade projects tested to bring joy to your home.



CHRISTMAS JOURNALS

Your family's story of Christmas, captured one memory at a time.

DESIGNED TO HELP YOU CREATE:



Traditions



Memories



Connection



Keepsakes

WITHOUT
SPENDING
HOURS
PLANNING!

LET'S MAKE
DECEMBER COUNT!

GET READY FOR
CHRISTMAS



THE
thriving
HOME

HI, WE'RE MATT & LINDA

Like most parents, we wanted more connection.
More laughter. More memories.
More of the moments we'd remember years from now.

But modern family life is busy.

And often the hardest part isn't wanting connection...
it's figuring out how to make it happen.

THAT'S WHY WE CREATED THE THRIVING HOME

We create done-for-you connection tools that help families
spend less time planning and more time connecting.

➤ WE PLAN, YOU PLAY. ➤

Everything we make is designed to help families create
warmer, more playful homes their children will remember.



= START HERE =

Want more simple ways to connect?

MOST POPULAR:



FAMILY TRADITION PLANNER

Plan the traditions, rhythms & traditions your family will remember.



CHRISTMAS COLLECTION

Crafts, journals & activities to create memories that last.



THRIVING ADVENT CALENDAR

24 days of meaningful festive moments, all planned for you.



THRIVING TOGETHER SERIES

Meaningful 1:1 time made simple with ready-to-use date books.

FREE RESOURCES:



VISIT:

www.thethrivinghome.com

FOLLOW ALONG:



[@thethrivinghomeofficial](https://www.instagram.com/thethrivinghomeofficial)

CREATING HOMES KIDS REMEMBER